

SACRED HEART EXTRA-CURRICULAR PERMISSION FORM

We, _____ the parent(s) /guardian(s) of

_____ hereby make this release indemnity as follows:

1) That _____ is a student enrolled at Sacred Heart School and will be participating in sport activities.

2) That we hereby release, indemnity and hold harmless, Sacred Heart School, its Board of Trustees, Teachers, Student Supervisors, Employees and Agents from any responsibility of liability for personal injury, illness, or accident including injury to person or property during the period of that time _____ (student name) participates in the athletic program sponsored during the _____ (school year) school term.

3) That we have read, discussed and understand the rules and regulations of Sacred Heart School and the pertinent information contained in the Student Handbook.

4) That we understand by signing and returning this release and indemnity agreement and approval of rules and regulations that _____ (student name) is agreeing to abide by the rules established.

5) We, the parent(s) or guardian(s) of the above named student give approval for his or her participation in any of the organized or supervised athletic programs conducted by Sacred Heart School under the following conditions:

- a) That if the student is chosen for a team or group which is to make inter-city or out-of-city trips, he or she's travel is the parents responsibility.
- b) We, the parent(s) or guardian(s) of the above named student, and the student, consent to any treatment deemed necessary by any physician designated by school authorities for any illness or injury occurring to the above named student while participating in the athletic school sponsored activity.
- c) As a parent and/or legal guardian, I remain legally responsible for any personal actions taken by the above named minor ("participant"). I agree on behalf of myself, my child named herein, or our heirs, successors, and assigns, to hold harmless and defend the Diocese, its officers, directors and agents and the Diocese, chaperones or representatives associated with the event arising from or in connection with my child attending the event or in connection with any illness or injury or cost of medical treatment in connection therewith and I agree to compensate the Diocese, its officers, directors and agents and the Diocese, chaperones or representatives associated with the event for reasonable attorney's fees and expenses arising in connection therewith.

Dated this _____ Day of _____ This year of _____

Sacred Heart Student

Parent or Guardian

Please read the attached Athletic Participation Policy / Regulations and sign that both the student and parent agree to abide by it.

Extra Curricular Activities: Sacred Heart School Athletics and Extra-Curricular Activity Policy

Participating in extra-curricular activities is a privilege. This privilege is expected to be maintained by all participating students. Participants are expected to carry themselves in a manner that represents the Catholic faith and school favorably.

Athletes and activity participants will always conduct themselves in an appropriate manner that will not harm or taint the reputation of the school, group, or teammates. This includes posts and comments on social-media sites. The use of drugs, tobacco, or alcohol will result in permanent suspension from the team.

Home school student participation. Home school students could be allowed to participate in Sacred Heart School Athletics, at the discretion of the coach after consulting with the principal, on a “pay to participate” system. The principal has the final decision authority. The fee for cross country, volleyball, basketball, wrestling and track is a nonrefundable fee of \$75 and \$150 for football.

Public school participation. Public school students have an opportunity to play at public schools and, therefore, will not be allowed to participate at Sacred Heart School.

Academic Eligibility. Students must maintain a grade no lower than a C (76%) in each individual subject during the season to be reviewed each Monday. Teachers are to report any eligibility problems at that time. The entire eligibility policy will be given out during the parent/player meeting at the start of each season.

In a quarter, students who exceed more than three weeks of academic suspension during an extra-curricular activity or, who, in the principal’s judgment, excessively abuse the rules of conduct for athletes spelled out in the extra-curricular permission form, will not be eligible for post season tournaments, awards, or school t-shirts. The principal will seek the input of the coach, but, in all cases, the principal’s decision is final. The students and parents will be notified of ineligibility prior to any awards presentation or tournament participation.

Attendance Requirements. Participants will attend all scheduled practices and games or meets. Illness or doctor’s appointments are the only excused absences. If he or she is going to be absent for one of the above reasons, he or she must have advance permission from the coach. An unexcused absence from practice will result in a suspension from the next scheduled game or meet. Athletes must be in attendance a full school day on game or meet days to participate unless cleared by the principal.

Athletes are expected to participate at all games. Athletes must be at practice on time. If they are late more than (3) three times, they will not be allowed to participate in the next game or meet.

Practice times will be announced by the coaches for each sport. It is the student’s responsibility to know and observe the practice schedule. The School Administration is empowered to establish any other rules of eligibility it may see fit.

If a student desires to quit an extra-curricular activity, a conference between coach /teacher, parent and student is required.

Physical Appearance. An athlete shall maintain the appropriate dress and grooming standards of the team as determined by the coach in consultation with the coach’s immediate supervisor.

Uniforms and warmups, unless otherwise stated are provided by the school. Athletes will provide shoes, socks, headgear and/or warmups, as required. Each will be responsible for the care and maintenance of the uniforms and warm ups during the season(s). Any gear issued by Sacred Heart School, unless otherwise stated, remains the property of the school and must be replaced if lost or damaged beyond normal wear. Uniforms and warmups will be worn at designated times only.

Each participant must have passed a physical examination from a licensed physician or physician’s assistant certifying that his/her physical condition is adequate for participation in that activity. This is required before an athlete may participate in a practice.

Each participant must also have turned in all of the following appropriate paperwork before they can practice/play.

1. Sacred Heart Extra-Curricular Permission Form
2. Completed Physical
3. Signed Concussion Statement

Athlete’s Signature _____

Parent’s Signature _____

Date _____